



# WOMEN IN MANAGEMENT

UNIVERSITY OF SOUTHERN CALIFORNIA

Empowering USC Women Since 1979

## Women in Management HSC Breakfast Workshop Speaker

**Camille Dieterle, OTD, OTR/L**

Director of the USC Occupational Therapy Faculty Practice

### **“You are what you do: An Occupational Therapy Approach to Time Management”**

**DATE:** Wednesday, March 16, 8:30-9:30 am

**PLACE:** CHP (Center for Health Professions) Conference Room 102  
Health Sciences Campus  
1540 Alcazar St., Los Angeles, CA 90089

**COST:** No Charge. Bring your own breakfast.

For reservations or more information, contact Laura Sturza [sturza@usc.edu](mailto:sturza@usc.edu) 323.442.1865

Camille Dieterle received her BA in English and Dance at the University of Georgia and danced professionally, taught dance, and worked in arts administration in New York and Atlanta. Camille received her MA and OTD degrees in Occupational Therapy at USC. She is director of the USC Occupational Therapy Faculty Practice, where she specializes in the Lifestyle Redesign<sup>®</sup> treatment process for wellness and prevention of chronic conditions such as overweight/obesity, cardiovascular disease, oncology, chronic pain and mental illness. As assistant professor of clinical occupational therapy in the Division of Occupational Science and Occupational Therapy, she teaches classes in Lifestyle Redesign<sup>®</sup> and Creating a Sustainable Lifestyle. Additionally, Camille is a certified yoga instructor and teaches yoga at USC.

Learn more about how you are managing your time from an occupational therapy perspective, including how to prioritize your own health and well-being. Explore your relationship with time and priorities using a hands-on approach, and create strategies for incorporating your favorite activities every day, despite other commitments. Camille will also provide an overview of the services that are available to you through the USC Occupational Therapy Faculty Practice including weight loss, diabetes, smoking cessation, mental health, chronic pain, headache, oncology and life coaching programs.

Women in Management (WIM) was formed in 1979 in response to the need for an organization for women in leadership positions at the University of Southern California [www.usc.edu](http://www.usc.edu) <<http://www.usc.edu>>. Originally composed of about 20 visionary women, WIM [www.usc.edu/org/wim](http://www.usc.edu/org/wim) now boasts a membership of over 140 women.