



WOMEN *in* MANAGEMENT
Empowering the Women of USC since 1979

Introduction to Mindfulness

When: Thursday, November 2, 2017, 12:00-1:00 PM

Where: Broad CIRM Center 1st Floor Conference Room

To be mindful is to be:

Awake

to know what is happening right now in the changing flow of experience

Open

receptive and non-judgemental to what is happening right now

Kind

to respond with self-compassion to whatever arises



With Rev. Jim Burklo, Associate Dean, Office of Religious Life
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Reverend Burklo received his B.S. in Social Relations from UC Riverside, his M.Div. from San Francisco Theological Seminary, and his ministerial ordination from the United Church of Christ. He teaches a course in Public Policy at USC's graduate School of Social Work, and a course in the Arts of Service at the USC Keck School of Medicine.

Please RSVP at www.uscwim.org/calendar.asp and see the WIM Blog at www.uscwim.wordpress.com, which might have more detail.

Women in Management (WIM) was formed in 1979 in response to the need for an organization for women in leadership positions at USC, and to address the issues of increased representation of women in responsible positions, equal pay for men and women holding similar positions, and the provision of a forum in which women could develop leadership skills. The purpose of the organization remains to provide a forum for communication, professional development, and career opportunities for women at USC.

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